

HAPPYGYM

centro de fitness

Manacor

HORARIO DE INVIERNO 2023

LUNES A VIERNES

06:00 A 22:00

SABADOS

09:00 A 17:00

DOMINGOS
CERRADO

CLASES TERRAZA ★

CLASES PAGO EDAD 6-15

SALA 1

SALA H.BIKE/I.WALKING

SALA DE FITNESS 30'

CLASES VIRTUALES

Reservas:
Todas las clases
colectivas se reservaran
previamente
On-line 48h antes
En tótem 30 min antes

	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
7:00	HAPPY BIKE	HAPPY BIKE	HAPPY BIKE	HAPPY BIKE	HAPPY BIKE	
7:45	WOD GLOBAL	WOD GAP	WOD ABD	WOD GAP	WOD TRX	
8:30	GAP	HAPPY BIKE	TBC	HAPPY BIKE		
8:30		PILATES	HAPPY BIKE	PILATES	PILATES	
9:00						
9:30	PILATES					PILATES
9:30	HAPPY BIKE	HAPPY GAP	HAPPY BIKE	HAPPY GLOBAL	HAPPY GLOBAL	HAPPY BIKE
9:45						
10:30	HAPPY GLOBAL	PILATES	HAPPY GAP	GLUTEO TOP 30'	HAPPY CORE 30'	STRETCHING
10:45						
11:00				HAPPY CORE 30'		HAPPY BIKE
11:30	GAP	COMBAT	PILATES		GAP	GAP
12:30	ESTIRAMIENTOS 30'	ABD 30'		YOGA	ESTIRAMIENTOS 30'	ESTIRAMIENTOS 30'
14:30	HAPPY BIKE	HAPPY BIKE	HAPPY BIKE	HAPPY BIKE	HAPPY BIKE	
15:15	WOD TRX	WOD GLOBAL	WOD GAP	WOD ABD	WOD GLOBAL	ABD 30'
17:00	HAPPY BIKE	ESTIRAMIENTOS 30'	HAPPY BIKE		HAPPY BIKE	
17:30	GLUTEO TOP 30'	HAPPY GLOBAL	HAPPY GAP	PILATES	ZUMBA	
17:30	F T KIDS ★		F T KIDS ★	HAPPY BIKE	F T KIDS ★	
18:00	HAPPY CORE 30'		HAPPY BIKE			
18:30	ZUMBA	HAPPY BIKE		HAPPY BIKE	HAPPY BIKE	
18:30	HAPPY BIKE	ZUMBA	HAPPY BOXING	ZUMBA STRONG	HAPPY GAP	
18:45						
19:30		PILATES	HAPPY BIKE	YOGA		
19:30	PILATES	FUNCIONAL TRAINING ★	PILATES	FUNCIONAL TRAINING ★	HAPPY GLOBAL	
19:45		HAPPY BIKE		HAPPY BIKE	HAPPY BIKE	
20:00	HAPPY BIKE					
20:30		COMBAT	HAPPY BIKE	COMBAT	PILATES	

Descárgate nuestra App

Download on the
App Store

ANDROID APP ON
Google play

La dirección se reserva el derecho de hacer modificaciones o cancelación de clases